



Youth Mental Health First Aid

Recieve **FREE Youth Mental Health First Aid certification**

Youth Mental Health First Aid USA is an 8-hour training for adults to teach how to help adolescents and young adults who may be developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it helps trainees identify, understand and respond to signs of mental illnesses and substance use disorders.

Date: **Saturday, March 21, 2020**

Time: **7:30 a.m. – 4:30 p.m.**

Location: Jordan School District Auxiliary Services Building,
Room 113, 7905 S Redwood Road, West Jordan

Cost: **FREE!**

To register: contact Sharon Steadman
sharon.steadman@jordandistrict.org or **385-235-0322**

