JAM JORDAN SCHOOL DISTRICT

Anthony Godfrey, Ed.D., Superintendent of Schools West Jordan, Utah

Intradistrict Communication

DATE: September 5th, 2024

TO: All Administrators

FROM: Michael Anderson, Associate Superintendent

Travis Hamblin, Director of Student Services McKinley Withers, Health and Wellness

SUBJECT: Employee Wellness Rep Training 9/18 & Last Call!

As a reminder, each school or department is invited to select an employee wellness representative! The **Employee Wellness Representatives will support faculty/staff wellness efforts within your school or department.** If you haven't already, please <u>nominate</u> your Employee Wellness Representative for the 24-25 school year!

The first of two trainings for Employee Wellness Representatives will occur on 9/18 where each rep will be able to benefit from the following:

- Time to plan the year with support from other Wellness Reps
- Collect information about critical District resources to support your staff
- Engage in personal wellness
- Lunch will be served!

Please forward the attached invitation to your selected Employee Wellness Representative.

As a reminder, the cost of substitutes is covered by the school. One substitute is a worthwhile investment for improving wellness in your school or department!