JORDAN SCHOOL DISTRICT Anthony Godfrey, Ed.D., Superintendent of Schools West Jordan, Utah

Intradistrict Communication

DATE: September 6, 2023

TO: All Administrators

FROM: Michael Anderson, Associate Superintendent Travis Hamblin, Director of Student Services McKinley Withers, Health and Wellness

SUBJECT: Wellness Representatives Training 9-19-2023

The wellness team is excited to announce the in-person Educator Wellness Training for your school or department's designated Educator Wellness Representatives on September 19, 2023 at JATC-S from 9 a.m. - 3 p.m. Administrators are invited to attend *with* their school wellness representative, if you plan to attend, please <u>RSVP using this link</u>. Schools will need to cover the cost of a sub for their rep, if required.

The Wellness Rep Training will be full of great information that you won't want to miss! We're excited to welcome Amy Miner, Founder and Owner of In Focus Education Group as our guest speaker, as well as presentations from PEHP, JSD Insurance Services, and Blomquist Hale. Lunch will be provided for those who RSVP and attendees will participate in practical workshops where they'll connect with other Wellness Reps and work together to build an Employee Wellness Plan for your school.

Review the attached flyer and share it with your school or department's representative so they can RSVP!

Still need to designate a rep for your school or department? No problem! <u>Fill out this brief form</u> and send them to the training! Keep in mind the following:

- It's recommended that principals choose a licensed, non-administrative, non-mental health team staff member as their designated rep. Also, we recommend they work with a leadership team or social committee at your school.
- The purpose of these representatives is to encourage *employee* wellness initiatives.