

JAM JORDAN SCHOOL DISTRICT  
Anthony Godfrey, Ed.D., Superintendent of Schools  
West Jordan, Utah

## Intradistrict Communication

DATE: September 5th, 2024

TO: All Administrators

FROM: Michael Anderson, Associate Superintendent  
Travis Hamblin, Director of Student Services  
McKinley Withers, Health and Wellness Consultant

SUBJECT: Schedule Your School's "Wellness Check-up!"

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Student and Staff Wellness, as a pillar of the Board's Strategic Plan, continues to be a priority in our District and schools. In support of this priority, the Wellness Team will be conducting "Wellness Check-Ups" to deeply understand the current wellness efforts of the hardworking people in JSD (like you!).

The Wellness Team wants to learn from you! We would like to stop by in person to let you show off your wellness work. This might include visits to wellness rooms, meeting staff members, hearing about curriculum offerings, understanding current needs and programs, or any other concern or celebration. Mostly, we'll be admiring your hard work!

Our intention with Wellness Check-Ups is not to take a lot of time, or add anything to your plate, it is to more deeply understand our school's efforts, needs, and goals. This will allow the Wellness Team to better advocate and support you in your work!

[Calendar a time at this link](#) or email McKinley Withers ([mckinley.withers@jordandistrict.org](mailto:mckinley.withers@jordandistrict.org), 801-567-8245) for alternative arrangements.

We look forward to learning from your school!