



Upcoming Health & Wellness Events

Mental Health Screening Nights

This free screening event is for youth, ages 10-18, and their parents, who are concerned about the mental health and wellness of their student.

Wednesday, October 9 at Heartland Elementary School

Wednesday, January 15 at Golden Fields Elementary

Wednesday, March 18 at Rose Creek Elementary

Register at: calendly.com/jordanhealthandwellness/mental-health-screening

Parent Seminars

These seminars are designed to provide parents information on topics such as making meaningful connections, technologies impact on the brain, anxiety, supporting LGBTQ+ children, happiness, and overall mental health and wellness.

Wednesday, November 20 at West Jordan Middle School

Wednesday, February 5 at Elk Ridge Middle School

Wednesday, April 29 at South Hills Middle School

Youth Mental Health First Aid

This 8 hour course gives adults the skills they need to reach out and provide initial support to teens who may be developing a mental health or substance use problem and help connect them to appropriate resources. Pre-registration required

Monday, October 21 at ASB

Tuesday, January 21 at ASB

Saturday, March 21 at ASB

For more information contact sharon.steadman@jordan.k12.ut.us

Additional information coming soon!

