

Jordan District Summer Wellness Opportunities

Wellness Group

Students will learn and practice skills for coping, connection, and community

10:30-12:00

- Once per week for 4 weeks
- Middle and high school groups
- Locations at Bingham High or Copper Hills High

[Click here for more details and to sign up](#)

Wellness Check-In

Meet with a licensed professional to discuss mental wellness concerns, connect with services, or to screen for specific needs

In person or virtual appointments available throughout June and July

[Click here to sign up for an appointment](#)

Hello
Summer