

# School Mental Health Supports

Promoting Individual Growth & Well-Being of Students, Families, & Staff



JORDAN  
**Student**  
**Services**



# Secondary School Counselors

School Counselors are master's level practitioners who help secondary students by removing barriers to academic achievement, supporting social/emotional development, and guiding college and career readiness (ASCA, 2024).

## Roles & Responsibilities

Secondary School Counselors spend 85% of their time working in direct services for students within the school. They help ALL students in grades 7-12 as per state statute. School Counselors provide a school counseling program that helps all students enhance their social/emotional development and attain the mindsets and behaviors needed for success. Supporting growth in the three domains of academic, career, and social/emotional development is necessary for students to be successful now and later in life.

## Supporting Students, Teachers, & Administrators

- Provide direct student services for college-and-career-readiness planning, oversee collaborative classroom instruction, and use a systematic approach for dropout prevention.
- Collaborate with the school leadership team to ensure whole-school and individual students needs are being addressed in alignment with the Teacher and Student Success Plan.
- Assist in individual student academic planning, goal setting, and post-secondary planning.
- Provide individual and small-group short-term mental health counseling and make referrals for long-term support.
- Work with administrators, clinical support staff, school psychologists, teachers, CTE coordinators, parents, and the community.
- Analyze and disaggregate data to identify student concerns, needs, and challenges.
- Provide support at Tiers 1/2/3 through direct intervention, consultation, and counseling.
- Provide crisis response services.
- Orientation, coordination, and academic advising for new students.

- Support Multi-Tiered Systems of Support (MTSS) implementation, response to intervention (RTI), and Positive Behavior Interventions and Supports (PBIS)
- Provide collaborative classroom instruction based on developmental needs and needs identified through data.

## Teaming with Administrators

- May consult/assist with school SEL program to support Teacher and Student Success Plans.
- Design program prevention and intervention to ensure student success.
- Identify individual students in need of supports via the student support team.
- Disaggregate data using the Early Warning System to identify school and student needs.

## Qualifications

- Graduate-level degree in School Counseling.
- USBE Educator License in School Counseling.
- Fulfill continuing education requirements through professional development.
- Meet American School Counselor Association ethical and professional standards.
- Hired by School Administration



# Elementary School Counselors

School Counselors are master's level practitioners who help elementary students by removing barriers to academic achievement, supporting social/emotional development, and guiding college and career readiness (ASCA, 2024).

## Roles & Responsibilities

Elementary School Counselors spend 85% of their time working in direct services for students within the school. They help ALL students, grades K-6 as per state statute. School Counselors provide a school counseling program that helps all students enhance their social/emotional development and attain the mindsets and behaviors needed for success. Supporting growth in the three domains of academic, career, and social/emotional development is necessary for students to be successful now and later in life. They facilitate classroom instruction as tier one prevention and supports, and implement a systematic approach to dropout prevention.

## Supporting Students, Teachers, & Administrators

- Provide direct student services for college-and-career-readiness planning, oversee collaborative classroom instruction, and use a systematic approach for dropout prevention.
- Collaborate with the school leadership team to ensure whole-school and individual students needs are being addressed in alignment with the Teacher and Student Success Plan.
- Assist in individual student academic planning, goal setting, and post-secondary planning.
- Provide individual and small-group short-term mental health counseling and make referrals for long-term support.
- Work with administrators, clinical support staff, school psychologists, teachers, CTE coordinators, parents, and the community.
- Analyze and disaggregate data to identify student concerns, needs, and challenges.
- Provide support at Tiers 1/2/3 through direct intervention, consultation, and counseling.
- Provide crisis response services.
- Orientation, coordination, and academic advising for new students.

- Support Multi-Tiered Systems of Support (MTSS) implementation, response to intervention (RTI), and Positive Behavior Interventions and Supports (PBIS)
- Provide collaborative classroom instruction based on developmental needs and needs identified through data.

## Teaming with Administrators

- Aligns school SEL program to Teacher and Student Success Plan.
- Design program prevention and intervention to ensure student success.
- Identify individual students in need of supports via the student support team.
- Disaggregate data using the Early Warning System to identify school and student needs.

## Qualifications

- Graduate-level degree in School Counseling.
- USBE Educator License in School Counseling.
- Fulfill continuing education requirements through professional development.
- Meet American School Counselor Association ethical and professional standards.
- Hired by District Counselor Consultant in Student Services.





# School Clinical Support Staff

School Clinical Support Staff are trained mental health professionals who assist with mental health and behavioral concerns and bridge community services for students and families.

## Roles & Responsibilities

School Clinical Support Staff provide services to support student's social and emotional well-being. They provide services to students, families, and school personnel to promote student success by linking school, home, and community supports. Responsibilities include individual counseling or therapy, group counseling, mental health assessments, crisis intervention/risk assessment, bridging community mental health services, case management, parent education and support, and educator consultation. Most of their time is spent providing direct counseling services to students and connecting families to needed services in the community.

## Services to Students and Families

- Provide individual and group counseling.
- Conduct crisis intervention, mental health screening, and risk assessment.
- Connect students and families to recommended clinical mental health services in the community.
- Develop intervention strategies to increase student success.
- Assist with conflict resolution and problem-solving.
- Help students develop social, emotional, and life skills.
- Provide crisis response services.
- Assist families in accessing and utilizing community resources and mental health services.

## Qualifications

- Maintain current DOPL license as a Licensed Clinical Social Worker (LCSW) or Clinical Mental Health Counselor (CMHC) or other clinical license.
- Masters degree or Ph.D. from an accredited institution required for licensure.
- Fulfill continuing education requirements.
- Hired by the Health and Wellness Consultant in Student Services and placed at schools according to need and available funding.

## Services to School Personnel

- Connect students, families, and staff members to community resources.
- Consult with educators regarding strategies to support student's well-being and success.
- Assess and intervene with students who have mental health concerns.
- Assist with behavior management strategies.
- Support Multi-Tiered Systems of Support (MTSS) implementation, Response to Intervention (RTI), and Positive Behavior Interventions and Supports (PBIS).
- Assist with social and emotional skill development: school-wide, in small groups, and with individual students.
- Develop and support intervention strategies for students with attendance concerns.
- Coordinate with community mental health agencies, law enforcement, and other organizations to support students' needs.
- Provide assistance with 504/IDEA & provide case management for students and families.
- Participate in Individual Educational Program meetings regarding mental health concerns.

# School Psychologists

School psychologists apply expertise in mental health, learning, and behavior to help children and youth succeed academically, socially, behaviorally, and emotionally (NASP, 2024).

## Roles & Responsibilities

School Psychologists provide direct support, mental health services, and behavioral interventions to struggling and diverse learners. They consult with teachers, administrators, families, and other school mental health team professionals to improve support strategies. They work with school administrators to improve school-wide practices and policies. They also collaborate with community providers to coordinate services that strengthen home, school, and community connections.

## Supporting Students, Teachers, &

### Administrators

- Positions are funded by regular education; therefore, they can provide direct service to all students (general and special education).
- Assist in developing and implementing short- and long-term mental health services through group and individual counseling for all students.
- Conduct psychological evaluations to help determine eligibility for special education under IDEA.
- Are the building-level 504 Coordinators in determining eligibility and developing accommodation plans as a member of the 504 Team.
- Provide support at Tiers 1/2/3 through direct intervention, consultation, and counseling.
- Utilize problem-solving, anger management, and conflict resolution to de-escalate students and maximize their instructional time.
- Support Multi-Tiered Systems of Support (MTSS) implementation, response to intervention (RTI), and Positive Behavior Interventions and Supports (PBIS)
- Participate in IEP meetings as appropriate.
- Provide culturally responsive services to those with diverse backgrounds.
- Provide crisis response services

## Supporting Families

- Strengthen family-school partnerships.
- Help families understand their child's learning and mental health needs.
- Provide services at the Jordan Family Education Center in counseling, classes, or intake assessments.
- Support staff understanding and responsiveness to diverse cultures and backgrounds.
- Help students reintegrate between school and community mental health programs.
- Reinforce parenting skills and strategies to foster home-school collaboration.
- Help parents and educators work together toward shared goals.
- Serve as a liaison to help coordinate community services.

## Qualifications

- Graduate-level degree in school psychology or a doctoral degree (at least 90 graduate semester hours and a year-long internship).
- USBE Educator License.
- Fulfill continuing education requirements through professional development.
- Meet NASP standards for practice and ethics.
- Hired by the District Guidance Consultant in Student Services.