## JORDAN SCHOOL DISTRICT

Anthony Godfrey, Ed.D., Superintendent of Schools West Jordan, Utah

## **Intradistrict Communication**

DATE: October 3, 2024

TO: All Administrators

FROM: Michael Anderson, Associate Superintendent

Travis Hamblin, Director of Student Services

McKinley Withers, Health and Wellness Consultant

SUBJECT: Parent Mental Health Series Offering

## Administrators,

Jordan District has partnered with the Cook Center for Human Connection to offer ongoing mental health education for parents and caregivers. This partnership includes FREE access to frequent live, virtual educational sessions on rotating topics. It also includes access to a library of recorded sessions and resources for each topic that is covered. Sessions are offered in both Spanish and English at 5pm and 7pm.

Parents and caregivers can register to attend ANY of the 30+ mental health topic live sessions or access the content asynchronously.

We invite you to share the attached October Session Calendar with your school community and to review the session descriptions.

We hope that this can be a helpful resource for your schools and communities!