

Intradistrict Communication

DATE: May 19, 2021

TO: Elementary, Middle, High Schools Administrators

FROM: Michael Anderson, Associate Superintendent
Travis Hamblin, Student Services
McKinley Withers, Health and Wellness

SUBJECT: "NEW Behavioral and Mental Health Crisis Resource"

The Utah Department of Human Services has recently created the Stabilization and Mobile Response Team. This is meant to be an alternative to the Mobile Crisis Outreach Team (MCOT). **This resource is available for children and families from 7am-11pm. This resource can be reached by calling 1-833-SAFE-FAM (1-833-723-3326).** This resource is meant for any parent or caregiver that is experiencing any of the following challenges with a child: threatens to inflict harm on self or others, is verbally or physically aggressive, uses substances, destroys or steals property, has difficulty in school, often runs away, bullies or is bullied, demonstrates severe changes in mood, experiences depression or anxiety, is withdrawn from friends and peers.

Here is a brief description of how this team will assist with these challenges.

Mobile Response Services

Provided to you in your home or at school to ease an immediate challenge and provide support.

- Minimize the impact of the challenge on you and your family
- Create safety plans
- Connect you and your family to other helpful resources

Stabilization Services

Short-term services may be provided in addition to mobile response to help ensure your family's long-term success.

- Teach skills to improve family functioning
- Create plans that prepare you for and prevent future challenges
- Prevent the need for out-of-home services
- Equip you with ongoing resources and support

For more information visit their [website](#) and review the attached flyer.