

Intradistrict Communication

DATE: May 1, 2025

TO: All administrators

FROM: Michael Anderson, Associate Superintendent
Travis Hamblin, Director of Student Services
McKinley Withers, Health and Wellness Consultant

SUBJECT: May 7th Ask a Therapist LIVE!

In partnership with Cook Center for Human Connection, our customized May Mental Health Series calendar is now available.

Access to the [ENGLISH](#) / [SPANISH](#) May Mental Health Series Calendar

What's Included:

- **Key Dates:** Schedule of live webinars for May, with each event starting at **5 & 7 PM MT**.
- **Topic Highlight:** District-selected focus topic tailored to the needs of your students, families, and staff.
- **Access Details:** Instructions on how to join live sessions.

You are encouraged to **share** this calendar with parents, staff, and members of your community. Especially the upcoming *Ask a Therapist LIVE* event on **May 7th at 6pm (MST)**, which is part of the Mental Health Series platform. This event takes place once a month and offers a unique opportunity for parents to engage directly with a licensed family therapist. Parents can ask questions anonymously and receive personalized answers in real-time.

Please utilize the following to promote the Ask a Therapist LIVE on May 7th event.

- [Link to register](#)
- [Parent flyer](#)

Should you have any questions please reach out to [Angie Rasmussen](#) at angie.rasmussen@jordandistrict.org or [McKinley Withers](#).