

Jordan School District
Anthony Godfrey, Ed.D., Superintendent of Schools
West Jordan, Utah

Intradistrict Communication

DATE: Thursday, November 7, 2024

TO: Elementary School Administrators

FROM: Carolyn Gough, Administrator of Teaching & Learning
Ben Jameson, Director of Assessment, Research and Accountability

SUBJECT: Research Project

The Research Review Committee has reviewed a research project in which your school has been asked to participate.

Project Title: Mindful Classrooms: Teachers Designing and Implementing
Mindfulness Interventions

Applicant: Mary Phan, Utah State University

The project has been approved by the District Research Review Committee. The applicant has been directed to contact you to discuss the extent of the project and to obtain your permission to conduct the study at your school. Participation in the study is at your discretion. If you have questions or concerns relating to participation, please contact Ben Jameson at 801-567-8243.

The researcher is looking for 12 teachers to participate in the study and will require significant participation outside of contract time. Participants will be involved in an interview, take several questionnaires, and some mindfulness exercises.

Thank you for your assistance.