

Intradistrict Communication

DATE: March 5, 2026

TO: All School Administrators

FROM: Michael Anderson, Associate Superintendent
Travis Hamblin, Director of Student Services
McKinley Withers, Health and Wellness

SUBJECT: 26-27 Wellness & Prevention Planning Sessions

It is required that school prevention plans be updated annually.

This year, to streamline school workload and braid together funding streams and prevention efforts, school teams are invited to a new and improved Wellness & Prevention Planning Session. These planning sessions will have the same familiar wellness feel that you love, with new and improved outcomes!

During these planning sessions, school teams can anticipate the following:

- Guidance on available grant funds
- Brief education about suicide, bullying, and violence prevention
- Resources for attendance and student engagement planning
- Planning time for school teams in attendance
- Leave with a completed School Wellness Plan that meets State prevention requirements

For Secondary Schools:

Our first two Wellness and Prevention Planning Sessions for Secondary Schools will be on March 17th at the ASB Auditorium from 8:00-10:30 and 12:30-3:00. School teams can choose a session to attend. South Valley's famous mixed soda drinks will be provided. Bring your team! Up to two substitutes per school can be paid for using the program number 5671!

Please RSVP using [this brief form](#), and we will send out a reminder.

For Elementary Schools:

Wellness & Prevention Planning Sessions will be held during the previously scheduled March 26th MTSS training for cohorts who are in years one and three of MTSS.

For schools in year two of the MTSS cohort, a planning session will be held in the morning *prior to* the previously scheduled afternoon MTSS training. This planning session will be held from 8:30-11:00 on April 16th at the ASB.