

LADDER SAFETY

57%

of fall victims were holding objects with one or both hands. USE A TOOL BELT!

Do not stand on top two rungs
(follow manufacturer labels and warnings)

Maintain three points of contact
(one hand, two feet or two hands, one foot)

Straight ladders, set at 4:1 angle
(for every four feet in height, place base one foot from the wall; allow three feet above roofline; tie off the top, brace the bottom or have someone hold the ladder)

1

2

Check locks are properly set

3

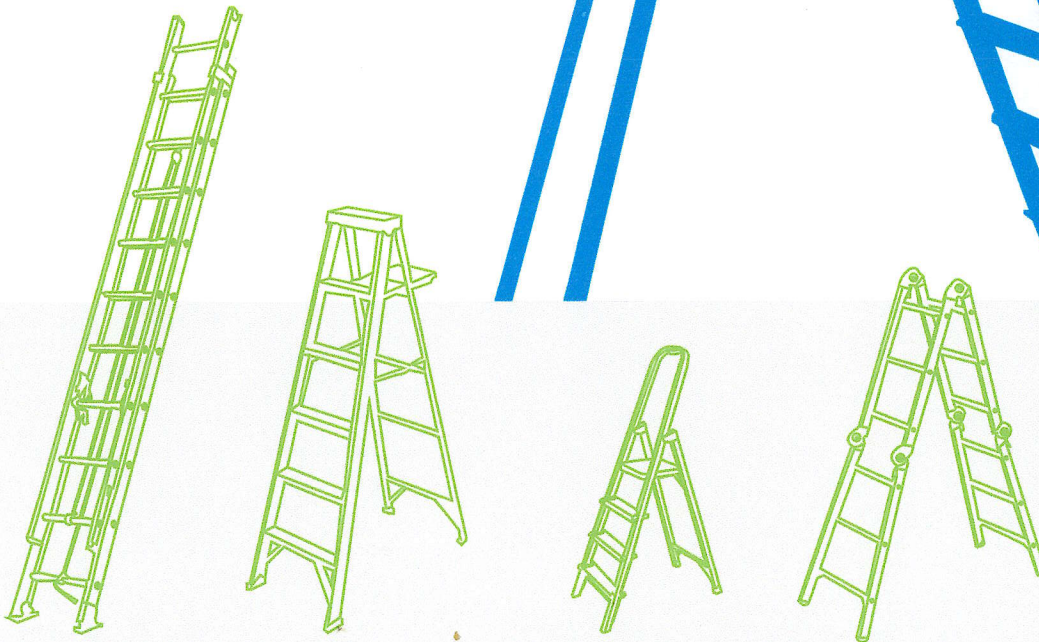
4

Face the ladder when climbing up or down

5

6

Put ladder on stable, level surfaces or use approved leveling devices



Use the right ladder for the job!