Jordan School District Athletics & Activities Employee Expectations for Summer Return to Participation Plan 6/8/2020

Our goal is to provide opportunities for our students to participate as fully as possible under the current recommendations of the local health department in a safely monitored and controlled environment. Failure to follow these guidelines may eliminate ongoing opportunities for programs and/or the athletic department. We value the right and opinion of each family to determine their level of participation in these voluntary activities. We also expect all participants to be honest and considerate of others when making decisions to participate.

Important Factors:

No in-person team activities or gatherings until at least June 8th (School Ends June 5th). All workouts/practices will be optional – non-participation due to personal or family choice, or health risk factors will not be an indication of dedication to the team and will not be a determining factor in team selection or playing time.

- Athletes are encouraged to communicate to coaches when not participating
- Team selection is not guaranteed and cannot be based upon attendance at optional summer workout/practice sessions
- Individual group protocols and guidelines must be approved by local administration and follow those outlined by government health departments (<u>Utah Guidelines</u>) prior to holding any summer activities, practices or camp/clinic events
- It is also recommended that coaches and advisors refer to the NFHS recommendations while creating their protocols and guidelines unique to their sport or activity
- Jordan District, individual schools, and/or programs may choose to be more restrictive based on individual circumstances, but not less restrictive

Coaches are responsible to continually monitor the health and safety risks for their team and adjust/cancel activities when appropriate; coaches will also communicate any COVID-19 concerns with building administrators or athletic directors.

Athletes and parents/guardians are responsible to honestly assess and report their health status and risk factors when choosing to participate – includes initial and ongoing participation.

Initial Return to Participation:

All participants must have an ACKNOWLEDGEMENT OF RISK consent form turned into their school prior to initial participation. These forms will be kept on file at the local school.

All participants and a parent/guardian must be informed that:

- Participation is 100% voluntary and that even with precautions, there is always a chance of contracting the virus while interacting with others
- Must comply with all rules concerning returning to participation
- Participant's temperature will be checked daily with a non-contact thermometer
- Participants confirm they have not tested positive for COVID-19
 - If previously tested positive, must meet criteria to be considered recovered
- Participants are asymptomatic*
- Participants are not knowingly interacting with others that are infected or symptomatic
- Participants will alert coaches of any COVID-19 status changes

^{*}Symptoms include a fever of 100.4 degrees Fahrenheit or higher, cough, sore throat, trouble breathing, sudden change in taste or smell, diarrhea, muscle aches and pains.

Areas and equipment will be adequately disinfected before and after every workout

- All equipment that is being used by more than one individual, must be sprayed with disinfectant and wiped down using a microfiber towel between each user/practice session.
- Microfiber towels must be laundered daily.
- Balls must be disinfected prior to, and after use. Participants must wash hands prior to all
 equipment use. Social distancing guidelines still apply

Limit participants in a designated area to comply with gathering guidelines (*currently* 20<orange>/50</br>
<yellow> people, spaced 10' a part, including players, coaches, trainers, etc). Limit the number of people/close off equipment accordingly.

- Areas
 - o Outdoor
 - Stadium
 - Track
 - Baseball/Softball Fields
 - General Green Space
 - Indoor facilities
 - Disinfectant spray must be used before a new team or group has access to the area.
 - Weight Room
 - Gyms
 - Dance Room
 - Wrestling Room
 - Auditoriums/Commons/Tech Atriums
 - No spectators

Coaches should plan time slots with a 30-minute break before the arrival of the next team or group Custodial staff <u>must</u> be provided a list of practice start time, end time and location for <u>every</u> practice/activity to provide proper cleaning and disinfecting.

- Examples of what should NOT happen:
 - A group of 20/50 is finishing a workout and an additional group of 20/50 more show up for the next time slot we now have 40/100 at the field or gym area
 - Marching Band plans to practice on the turf from 10-11am and football plans on 11am-noon. No time has been planned for marching band to clean-up and leave prior to football arriving and setting-up

Participants should avoid arriving prior to scheduled time and should leave the facility in a timely manner following workouts – including not congregating in parking lots or other areas

 Transportation to/from workouts should be coordinated by each family so as to avoid having participants waiting for rides home

All participants should bring their own water bottles and should not share with others Restrooms will be available

 Restrooms will be cleaned before the arrival of each team/event and disinfected every two hours.

Locker rooms, team rooms, and other similar areas will not be open or available until custodial services has determined that appropriate plans and personnel are available to keep them sufficiently sanitized and disinfected

• Coaches should have access in the case of injury or medical emergency

Participants should use appropriate recommended personal protective equipment (PPE) when not involved in physical activity

- Coaches should wear masks; athletes should wear masks when not actively participating (prior to and after workouts)
- Participants should use hand sanitizer before, after, and possibly during workouts
- Coaches/Advisors must plan activities to meet current social distancing guidelines at all times
- High-5's, fist/chest bumps, etc. do not meet current social distancing guidelines
- Pre- and post-workout coach/advisor to participant communication should maintain social distancing
- Focus should be on individual fundamentals/footwork, basic team concepts (spacing, angles, etc.) and conditioning
- Coaches/Advisors should use good judgement when restarting workouts regarding intensity and duration
- Participants will most likely not be in their typical conditioned level
- Many participants may also be working back into multiple sports/activities

Adjusting of Restrictions (When GREEN):

When deemed appropriate by government and health department officials as well as approved by Jordan District and building administration, restrictions will be reassessed based on updated recommendations.

- Possible opportunities for non-sanctioned summer competition (scrimmages, camps, summer leagues, etc.)
- UHSAA will consider sanctioning competitions for the 2020-21 school year when all counties in Utah have moved to YELLOW (low) and/or GREEN (new normal) risk phases
- Approved student travel and/or district transportation will also be reevaluated at that time
- School Administration and Athletic Directors at each school will provide coaches with the most current guidance, restrictions and allowances with any new updated information.

Transportation:

Summer field/activity trip requests may be honored and approved only when the Governor and Health Department determine the health crisis for all cities within JSD is at green (New Normal Risk). Once JSD moves to green, the following guidelines must be adhered to in order for a school to receive transportation services.

- Bus driver assignment is voluntary (no driver may be mandated to work a field/activity trip).
- Mandatory symptom checks for all drivers and passengers who ride the bus. This includes
 temperature checks by the coach/advisor for all students prior to boarding the bus. Drivers are
 required to report any symptoms of illness to the Field/Activity Trip Office. If the driver who is
 assigned to the trip manifests symptoms, he/she will be removed from the trip and a new driver
 will be assigned.
- Masks are required for all drivers and passengers.
- Only one student per seat. The seat directly behind the driver is to remain unoccupied.
- Students are required to manage their own equipment and belongings.
- Students are responsible to provide their own water. No water jugs to hydrate the entire team may be brought onto the bus.
- Coach/advisor is required to provide hand sanitizer for all students.