

JORDAN SCHOOL DISTRICT
Anthony Godfrey, Ed.D., Superintendent of Schools
West Jordan, Utah

Intradistrict Communication

DATE: January 24, 2024

TO: All Administrators

FROM: Michael Anderson, Associate Superintendent
Travis Hamblin, Director of Student Services
McKinley Withers, Health and Wellness

SUBJECT: Wellness Day 2024 Updates

Our District's third annual Wellness Day is right around the corner! Here are some reminders and updates for school and District leaders:

- Parents and students have received a Skylert from the District with information about how to access instructional content along with a reminder about the day.
- A direct email will go out to all employees with information about opportunities available and will include instructions about how and when to sign up for wellness day opportunities.
- As much as possible, please allow for flexibility for employees to make the most of their wellness day.

Looking to promote wellness day and engage your school community? Use [this link](#) for some ideas, posters, and posts you can use: wellness.jordandistrict.org/wellnessiseasy