

Healthy Bodies, Healthy Minds

Elementary Teacher Conference 2019

Date: June 11, 2019

Time: 7:30am – 4:00 pm

Place: Davis Conference Center
1651 North 700 West
Layton, Utah 84041



Join us in the spirit of classroom improvement by incorporating research-based mind and body wellness. This is not just play, it is play with a purpose; brain reception, classroom behavior, attendance, and healthier kids. Attendees will be provided with activities, equipment, resources, and support to realistically incorporate physical activity into every student's day and support core content areas. Active participation is expected – wear appropriate clothing and bring a water bottle.

Cost of Conference

\$35 for Teachers

Conference fee includes the following:

- Shape Utah Membership
- Healthy Bodies, Healthy Minds Conference
- Lunch and Snack
- 8 Re-licensure Points
- Resources and tools to use in your classroom

This course is designed for K-6 classroom teachers and supported by the Professional Learning Series.

Keynote Speaker

Dr. Patty Norman, Deputy Superintendent of Student Achievement, Utah State Board of Education

Lunch Panel will include elementary teachers and PE specialists sharing ideas to successfully incorporate activity throughout the school day.

Contact Jodi Parker (Kaufman), Health and Physical Education Specialist, with questions: 801-538-7734
jodi.parker@schools.utah.gov

BREAKOUT SESSIONS

STEM Activities

Yoga

Dance

Elementary PE

Playworks

Gopher Sport

Revised Health
Education Standards

Prevent Child Abuse

Emotional Regulation

Juggling

Nutrition

Science and Movement

First Tee Golf

MIDAS REGISTRATION

Course # 52365

Registration and Payment
through MIDAS (Visa &
Mastercard only).

<https://usbe.midaseducation.com/>

For MIDAS support contact
Krystal Carfaro: 801-538-7988

krystal.carfaro@schools.utah.gov