

# Intradistrict Communication

DATE: 5/18/2022

TO: All Administrators

FROM: Michael Anderson, Associate Superintendent  
Travis Hamblin, Director of Student Services  
McKinley Withers, Health and Wellness Consultant

SUBJECT: Free Parent Coaching & Courses Available for Parents and Employees

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Our District has created a partnership with the Cook Center for Human Connection.

As part of this partnership, FREE parent coaching is available to all of our District's parents and employees. For more information on this resource, please review and share the attached flyers.

In addition to available coaching, there are several free courses in both English and Spanish available for parents to take online. Topics for these courses include "Helping your child when they're bullied," "How parents can prevent suicide," as well as many others! These courses are available at [parentguidance.org](https://parentguidance.org)

We hope that parents and students will benefit from this resource.