

Botvin LifeSkills Training Updates

This is a reminder that the Botvin LifeSkills Training program must be offered to all 4th, 8th, and 10th-grade students each year in Jordan School District. The Botvin LifeSkills Training Program is currently the only approved program to meet the requirements as outlined in [UCA § 53G-10-406](#) and [R277-910](#). The middle school and high school implementation takes place in health classes.

Please find information below for information regarding:

- 1) Ordering Student Guidebooks – **Updated summer information**
- 2) Required Teacher Training – **Updated information**
- 3) Stipends and Sub-reimbursements – **Updated information**
- 4) Teacher's Manuals
- 5) Teacher Resources

If you would like additional information regarding the Botvin LifeSkills Training program and requirements, please [click here: Underage Drinking and Substance Abuse Prevention Program](#).

1 - Ordering Student Guidebooks

Traditional Program:

- Each student should receive a student guidebook they can keep which can be ordered each year (or more often, if needed) using this [order form](#).
- Student guidebooks may take 10-15 days to arrive once an order has been processed. If you have not received your order within 30 days of submitting your order, please contact prevention@schools.utah.gov or clarissa.stebbing@schools.utah.gov.
- Program materials are supplied at no cost to the school.
- **USBE is accepting orders during the summer. However, they are unable to deliver to schools that are closed, or that are only open a short time during the week. Please indicate on your order form whether the school will be open. If the school will be closed, they will wait until August to ship your order.**

eLST Program for Middle School and High School:

- Each lesson is divided into 20-25 minutes of online interactive content with an introduction to the skills (Facilitation), modeling of the skills (Coaching), and provides feedback on students' interactions with the skills-related content.
- 20-25 minutes of teacher-led face-to-face in-classroom (or virtual) skills practice (Behavioral Rehearsal).
- eLST is compatible with Canvas and all other major LMS platforms.

- Just like the more traditional program, eLST can be taught once a week or multiple times per week until the program is complete.

To order the student guidebooks or eLST student access:

- Submit the attached LifeSkills Training Student Guide Order Form and return to prevention@schools.utah.gov

2 - Required Teacher Training

- Each staff member who will be implementing the program should have completed a **one-time training** paid for by USBE.
 - The required one-time training is completed online while participants work at their own pace completing approximately five hours of training during a one-week window.

USBE currently has two Elementary training sessions with open seats. More training sessions will be added to MIDAS, as needed.

7/18/23-7/24/23: Please register by July 11th.

8/8/23-8/14/23: Please register by August 1st.

USBE currently only has one Middle School and one High School training session with open seats. More training sessions will be added to MIDAS, as needed.

Middle School: 7/19/23-7/25/23: Please register by July 12th.

High School: 7/20/23-7/26/23: Please register by July 13th.

How to Register for the Teacher Training:

- **Step 1:** [Click here to register on MIDAS](#)-Be sure to go to your cart and “check out” after registering to ensure that your registration is complete.
- **Step 2:** After registering on MIDAS, participants should complete [this survey](https://usbe.az1.qualtrics.com/jfe/form/SV_5AM3kV8IN8k5CiF) (https://usbe.az1.qualtrics.com/jfe/form/SV_5AM3kV8IN8k5CiF) so that we make sure to send the access code and materials to the correct email address and physical address.

3 - Stipend & Sub-Reimbursements

- Due to USBE’s new [Participant Support Costs \(PSC\) policy](#), beginning June 1st educators who wish to receive a stipend will need to follow the process to become a

state vendor, and will be eligible for a \$230 stipend for completing the online training while off-contract.

- During the training registration process, educators will be asked if they will be off-contract when they complete the training.
- Educators who indicate that they will be off-contract will be emailed steps on how to become a state vendor.
- Required paperwork must be filled out and returned prior to the training start date.
- Schools may still invoice USBE for the following:
- Sub-reimbursement for teachers who required a sub to complete the training.
- Invoices should be sent to prevention@schools.utah.gov. Please include the name of the person who completed the training, as well as the training dates.

4 - Teacher's Manuals

- Teacher's manuals will be shipped to staff as they complete the online training.
- Staff will receive electronic access to the teacher's manual one day before their training start date.
- Staff who have completed the training and are having difficulties accessing the electronic version of the teacher's manual can email support@nhpamail.com to regain access.

5 - Teacher Resources

- **Parent Letter:** The Botvin LifeSkills Training program providers have created the attached documents ([Botvin LST Information for Parents](#) and [Botvin LST Information for Parents-Spanish](#)) as a resource for teachers/staff implementing the LST program. This document is intended to provide an overview of the program for parents prior to implementing the program.
- **E-Cigarette/Vaping Insert:** Please incorporate the information from the attached vaping insert into the appropriate lessons.