

SECRETS OF THE SEA

Apple Fun Facts

Apples have vitamin C, which can help our bodies fight off sickness!



Over 75 million tons of apples are grown across the world every year!



Apples are about 85% water. This helps keep us hydrated!

There are over 7,500 different types of apples!



Apples and apple skins have fiber, which helps our stomachs work better!

The biggest apple ever weighed more than 4 pounds!

