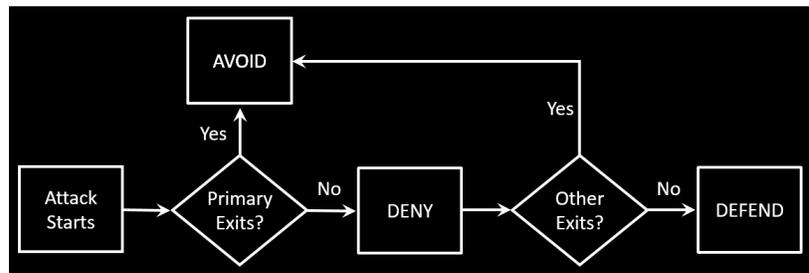
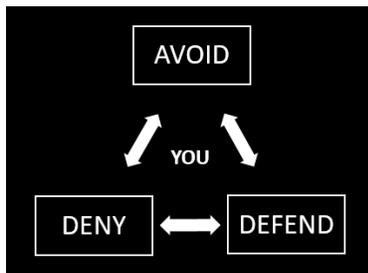


Civilian Response to Active Shooter Events

- **Disaster Response** – How do people respond to disasters and high stress events.
 - There are three stages
 1. Denial
 1. You must move past this stage very quickly.
 2. Deliberation
 2. Process information and decide what to do.
 - Having a prior plan will help.
 - Mental script and practice
 3. Try to stay calm.
 - Willpower
 - Combat breathing
 - Shift your emotion
 - Stay fit
 3. Decisive Moment
 4. You must act quickly!
- **Active Shooter Events**
 - Active shooter as defined by the U.S. Department of Homeland Security (DHS) is an individual actively engaged in killing, or the attempt to kill, people in a confined and populated area.
 - The “Shooter”
 - No set profile
 - Typically an avenger mindset
 - Some broadcast of event
 - Approximately a 50% chance they are connected to the place the event occurs.
 - Location
 - Occur at places of commerce over 50% of the time.
 - Schools represent about 25%, even though these events are often thought of as a school-based event.
 - Number of Deaths
 - Two driving factors
 1. How quickly do police respond and confront the attacker.
 - On average it will take law enforcement at least 3 minutes to respond.
 2. How quickly can the attacker locate and target potential victims.
 - Crowded room vs. empty room

- **Civilian Response**

- Move past Denial to Deliberation as quickly as possible.
 - Don't deny that what you're hearing may be gunshots.
 - Do not "Hide & Hope" or play dead, these are not effective strategies.
- Deliberation
 - Avoid the situation ASAP
 - Be aware of your surroundings
 - Know your exit options
 - Call 911
 - Deny access to your location
 - Lock the door and barricade it.
 - The heavier the better, doorstops, etc.
 - Turn out the lights.
 - Get out of sight.
 - Defend yourself if necessary.
 - You have a legal right to defend yourself when someone is trying to hurt or kill you.
 - Fight hard, your and other's lives will depend on it.
 - If possible, position yourself where you can surprise the attacker.
 - If you have a weapon use it. If not, grab the attacker's weapon or hands.
 - Hands are dangerous



- **You are not helpless!**
- **What you do matters!**

- **When the Police arrive.**

- Follow commands.
- Show your empty hands.
- Do not move until told to do so.