

## Student Health Care Reminders for Principals 2018-2019

### Immunization Compliance

- Review **new** immunization law in effect starting 7/1/18.
- Compliance reports are gathered on 11/30/18, and 6/15/19.
- Schools may need more than one secretary to help with tracking down students that need to be in compliance before school starts.
- Some schools have all of their secretaries come in a few days before school starts to work on this and it has proven very successful for them.

### Emergency Seizure Medication

- A law has passed that allows for children who have met certain criteria by their physician to receive emergency seizure medication in the school setting. Training is approved by the state of Utah. If there is a child in the school that can receive the emergency medication as ordered by their physician, the Principal will be required to identify staff that are willing to be trained in emergency seizure medication management. A trained staff member will also be required to be available to go on field trips to provide emergency seizure medication in the event that the child has a seizure on a field trip.

### Stock EpiPens

- Review yearly EpiPen training video, A Shot to Live, (Link is on JSD nurse website).
- Attend annual training from school nurse to learn how to use EpiPens.

### Medications on Field Trips

- Emergency medications must be taken on field trips in the event that the student needs them (Seizure medication, Diabetic medication, Allergy medication, Asthma medication, etc). Staff must be trained by nurses on how to give emergency medication.
- Nurses offer training at the beginning of every year.

### Treat Buckets

- Treat buckets create problems for teachers and parents of diabetics, allergic students, celiac students, gluten free students, and students who are overweight and/or whose parents prefer to monitor what their child eats.
- Some of the issues regarding small children needing snacks mid-morning can be resolved by putting the 1<sup>st</sup> grade lunch right in the middle of the day, rather than at the end of the lunch rotation.
- Another way to resolve treat issues is to send them home at the end of the day, rather than eat them in class.

### Birthday treats and holiday treats

- Treats for holidays and birthdays could be sent home with the student at the end of the day. This may alleviate concerns with our students who are diabetic, allergic, celiac, and gluten free, as well as for students whose parents like to monitor their intake.

### CPR/First Aid Training

- At least 3 people need to be trained in every school. They must be trained with CPR, AED **and** First Aid. Training is online with a skills check off completed with district nurses. Skills check off trainings are held every month starting in October at the ASB building. All schools should be compliant by 11/15/18.
- Many schools have their local fire department offer training to staff. Most of these trainings do NOT include the First Aid component. First Aid training must be included to be compliant.

## AED

- Batteries should be checked routinely by custodian.

## Maturation Programs

- It would be helpful if maturation programs were thought of as a school assembly. Nurses need to have the chairs and tables set up for them before they present. They need to be able to hook their computers into the school sound and video system and find working microphones at least 30-60 minutes before the presentation starts to ensure that their power point and video are working properly. Many nurses have expressed that schools do not know how to run their systems. Also many schools will not clear out of the gym or stop what they are doing until just a few minutes before the nurse is to present. The nurse needs to be able to pull up their presentation before the program starts and the information is not appropriate for many students.
- Most schools now offer daytime maturation programs. The attendance at these programs by parents has not been a concern. Schools that give adequate notice for day programs have higher child and parent attendance than evening programs. Daytime programs are preferred, as our nurses have other nighttime obligations, and already teach CPR classes at night.
- There is a new DVD for the boy's maturation program available. A girl's DVD can be made available as well, if requested. Just notify your nurse if you would prefer this option.

## Mandatory Vision Screening

- Nurses are required to complete vision screenings every year.
- It would be very helpful if screenings could be held in the gym or cafeteria. Due to the number of students, volunteers and time of all people involved a larger space such as the gym or cafeteria should be provided to the nurse if possible. This will allow more students to be screened in a more time-efficient manner. Classrooms and portables do not allow for multiple classrooms to be screened at one time.
- Vision screens in the high school should be requested by the teacher if needed (concern about a student, renewal of an IEP, etc.). School nurses should be present for vision screens done on students in the high school setting.

## Medications in the school setting

- Principals cannot authorize a student to have medications.
- Principals do not sign medication authorization forms.
- All medications must have a signed form from the parent and Doctor indicating that it is ok for the child to have a medication given to them during school hours.
- Staff must be trained to administer medication.

## Communicable Diseases

- If there is a concern that there is a student in your school that has a communicable disease, contact your **school nurse first**.
- If your school receives a call from the Health Department about a communicable disease, please call your school nurse so that they can coordinate the proper course of action with the Health Department.
- The Health Department will communicate to the school nurse if it would be helpful to send a school wide letter out notifying parents of the situation.
- The school nurse will communicate with the school on the proper course of action.
- If the Health Department provides the school with a letter, that letter must be sent out to the parent.

## Health Condition Reports

- Secretaries should print annual health condition reports (formerly known as blue cards).
- Secretaries should then input health conditions from the report into Skyward. It doesn't happen automatically.
- Secretaries should provide the school nurse with a copy of the report.

- Secretaries can provide teachers a copy of the health condition report if it includes info. about students in their class.

#### Care plans

- Care plans must be updated yearly.
- Nurses update care plans after parents have filled out the yearly care plan authorization forms (If there is no current care plan in the medication book, refer to the old care plan until a new care plan has been created).
- Secretaries can make copies of old care plans to give to teachers so that they are aware of a student's health care condition.
- New care plans should be given to the teacher as soon as they are updated.

#### Lice

- Lice is not a contagious disease.
- Follow protocol (info. is on the JSD website under nurse's information for schools).
- Stay calm and maintain confidentiality.
- If a child has lice, it is not necessary to check every child in the class (or school). If there are numerous cases, that may be necessary.

#### JSD Website Nursing Information

- The Jordan School District Nursing site has a lot of good information under nursing services. There are handouts, immunization info, exclusion criteria etc.