JORDAN SCHOOL DISTRICT Anthony Godfrey, Ed.D., Superintendent of Schools West Jordan, Utah

Intradistrict Communication

DATE: August 24, 2023

TO: All Administrators

FROM: Michael Anderson, Associate Superintendent Travis Hamblin, Director of Student Services McKinley Withers, Health and Wellness

SUBJECT: 2023-2024 Employee/Educator Wellness Representatives

The wellness team is excited to announce the continuation of the Employee Wellness Representative. This program is intended to support *employee* health and wellness. The Employee Wellness Representatives will primarily be responsible for supporting faculty/staff wellness efforts within your schools or department.

If you'd like to have a representative for your school or department, please note the following information:

- We will be holding an Employee Wellness Representative Training Retreat on 9/19/23 & 1/19/24, details will be shared with wellness reps and administrators from schools who designate a representative for their school or department.
 - As a peer support program, we recommend that each school select a non-administrative, licensed staff member (we also encourage you to choose someone who is not a member of the mental health team). Ultimately, it's best to choose someone who is not a supervisor, has the trust of their colleagues, and can support *employee* wellness initiatives at your school or within your department.
 - If a substitute is required to attend the training retreats, schools will need to cover the cost of a substitute.
 - Administrators are invited to attend the retreat with their designated employee wellness representative, these trainings will focus on strategies for *employee* wellness.
 - Our District Wellness Specialists will maintain contact with each representative and support your efforts.

Click this link and nominate your school or department rep by September 7, 2023